

**Convention Workshops
2011 American Baptist Women's Ministries N.Y.S.**

1st set Saturday Afternoon

1 You're a 21st Century Woman of Biblical Proportion? Yeah Right, Yeah Right!
Presenter The Rev Dr. Trinette V. Mc Cray

This workshop is fit for all of us; for women who are too hard on ourselves about the significance of our lives. "Live Significantly" say the cheerleaders of our times. Live faithfully, instead. And that's significant, take a closer look at your life through a biblical proportioned lens and rejoice!

2 Rich Christians In a Age Of Hunger - Presenter The Rev. Dr. Christine Roush

When more than 50% of the worlds population lives on less than \$3.00 a day, it is easy to see why the rest of the world views us as rich. Come join as we explore world realities and seek meaningful ways to be the hands of Christ in a hurting world

3 X TREME TEAM TRAVELS TO EGYPT – Presenter Christy Brownell

We encourage A.B.G.I.R.L.S. to attend this workshop. Come find out how you can connect with Global Missions!

4 The Power Of Prayer- Presenter Minister Grace Kelly- Neal

- 1) Does it seem as though your prayer isn't being answered?
- 2) Does it seem as though God is far away?
- 3) Does it seem as though you can't talk about your problems?

Come to this workshop and find your release. Come to realize that God is as close as you let Him. Come and feast on the great Yahweh, on His wondrous power, for there is a feast of the Lord going on!

5 First Place 4 Health- Presenter Cherie Baker

Reshaping our bodies and mind. Come learn about a Bible study that helps us find balance in our living and eating. While most of us join a weight loss program with the goal of losing weight, the real goal should be to find a balance in our spiritual emotional nutritional and devotional practices.

First Place 4 Health is a biblical approach to weight management, which puts Christ first and improves every area of your life.

SECOND SESSION

6 Fighting Fair In Families - Presenter Rev Karen Selig

All families have times of disagreement. The goal of this is not to deny or avoid the reality of conflict, but to help participants learn tools to creatively work through times of conflict so that the end result is growth and stronger relationships .

7 Time Management and Swimming Up Stream – Presenter Rev. Christine Roush

Are you living life the way you want? Each of us has the same 24 hours in a day. Is your time being used in ways that live out your values, and benefit things that matter to you? Join us in examining time, how to use it in ways that glorify God, and how to focus on the things that are meaningful to each of us personally. Get control of your time

8 Convention Choir- Anne Barrentine Back by Popular Demand!

The music you learn will be sung at Sunday A.M. Worship.

9 Joy Comes in the Morning! - Janice Turner

Interactive workshop will include sharing scriptures that reassure us when we are grateful, in a crisis and thankful.

10 Being Remolded? - Pastor Garth Brokaw

Join Garth (He's retiring!) as he helps us understand our roles in elder care with housing, etc. Good for the sandwich generation.